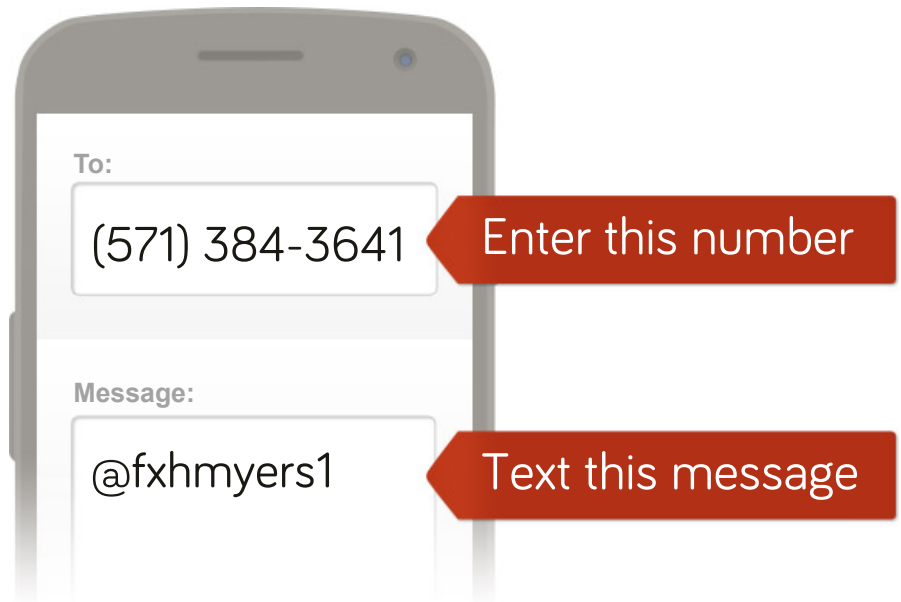


# Ms. Myers would like you to join Careers/Civics Period 1!



To receive messages via text, text  
**@fxhmyers1** to **(571) 384-3641**.  
You can opt-out of messages at  
anytime by replying, 'unsubscribe  
**@fxhmyers1**'.



\*Standard text message rates apply.

Or to receive messages via email, send  
an email to  
**fxhmyers1@mail.remind.com**. To  
unsubscribe, reply with 'unsubscribe'  
in the subject line.



## WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs.

Visit [remind.com](http://remind.com) to learn more.